**04 SACRED EARTH SACRED SOUL DISCUSSION GUIDE**

**Opening Reflection: Blessings**

God to enfold me, God in my life,

God to surround me, God in my lips,

God in my speaking, God in my soul,

God in my thinking. God in my heart.

God in my sleeping, God in my sufficing,

God in my waking, God in my slumber,

God in my watching, God in mine ever-living soul,

God in my hoping. God in mine eternity.

 (Ancient Celtic prayer found in Alexander Carmichael’s Collection *Carmina Gadelica*)

**Chapter 4 Sacred Song: The Carmina Gadelica**

1. The Carmina Gadelica represents a collection of songs and poems that helped keep Celtic Christinaity alive in the face of cultural genocide. Was there any specific stories or concepts that struck you in this chapter?
2. Spend some time flipping through the pages of Ch. 4. Is there a favorite poem/prayer or passage from this chapter that especially speaks to you about the relationship with the sacred in all of creation?
3. Is there a song from your past or present that awakens you to your sacredness or the sacredness found in creation?
4. Reflect on how these ancient prayers may influence your prayer life, may strengthen your participation in KCC’s mission, and inspire your work for justice and peace.

**Closing Prayer:**

Deep peace of the running wave to you,

Deep peace of the flowing air to you,

Deep peace of the quiet earth to you,

Deep peace of the shining stars to you,

Deep peace of the Son of Peace to you

(Ancient Gaelic blessing)