



Sunday, Aug 4th, 2024

Worship Music:

p. 13 - Meet With Me
p. 8 - God of Wonders

p. 18 - Still
p. 18 - Through

p. 11 - I Will Carry You
p. 6 - Creation Calls

The Golden Thread: Group Guided Reflection

“The Sacred Presence is close to us, within the very house-hold of our being, like the grandmother in the attic. The sacredness of this presence is woven like a golden thread through all things”¹

*I answer you in the secret place of your heart... I am your breath;
I have been with you from the beginning. (Psalm 81)*

You are invited to close your eyes for a moment. Imagine how the Sacred Presence (how Holy Spirit manifest in and about our true purpose and sacred nature) has been woven into your life like the golden thread. What do you sense? What do you become aware of?



How has the Sacred Presence shown up in your life? In yourself, in others, in the earth?

What might you need to open to more awareness of the sacred? Are there times you are not aware or don't notice the Presence, times you lose hold of the golden thread?

How might your life change if you saw the sacred in relationship with yourself, others and the earth?

Which character do you most relate to? Which do you resist?

How do the 'goblins' show up in your life? Can you name them?

Is it wise to ignore the goblins in ourselves?

What would it look like to compassionately acknowledge our own goblins?

The golden thread is the interweaving of the Divine in the human, and the human in the Divine, and it is never severed. Has the golden thread ever led you, like Irene, to unknown places? Perhaps places that have felt dark and strange and frightening? What has opened for you there?

*“Deep within us is the gift of our sacred lineage-if we are true to it,
we will be led to new beginnings”²*

The Beloved's Indwelling Presence guides those who hear with their heart's ear. (Psalm 50)

You have placed your truth in the inner being: Therefore, teach me the wisdom of the heart. (Psalm 51)

¹ Philip Newell, Sacred Earth Sacred Soul, p. 138

² Ibid, p.138

Psalms quotes from: Nan Merrill, Psalms for Praying